

European Headache Federation

EHF NEWS



www.ehf-org.org

May 2008: The European Headache Summer School moved to Baku

The European Headache Summer School 2008 was held in Baku, Azerbaijan Republic, from the 29th to the 31st of May 2008.

The summer school brought together mainly young neurologists from the post-Soviet countries interested in headache for further training in migraine research, diag-

nostics and treatment with lectures from international experts. Seventy-eight active registrants from 8 different countries were not only from the post-Soviet countries but also from Turkey, Poland and Italy.

The summer school was organized by Azerbaijan State Advanced Training Institute for Doctors named after A. Aliyev, Institute of



Medical Rehabilitation and Azerbaijan Headache Society, C. Mond-

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EHF News is open to host contributions and proposals from the readers. E-mail your suggestion to: neuronet@libero.it

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Present and Future of Migraine Research

Conquering migraine: building on the present, exploring the future was the title of the exciting 8th annual migraine meeting, which was held in Rome last May, under the auspices of Laboratorios Almirall. The meeting chaired by Prof. F. Antonaci (Pavia, Italy) covered interesting topics including a discussion of the artistic and historical perspective of migraine, the value of neuroimaging findings and the potential influence of genetics. Some key practical considerations were

also reviewed, such as the influence exerted by both physicians and patients on the choice of treatment and clinical outcome, as well as the importance of diagnosing and treating comorbid conditions that may affect the prognosis of migraine. The first topic presented by Prof. Vincenzo Guidetti (Rome, Italy) focussed on historical and artistic expressions of headache, particularly migraine, across the centuries in paintings and writings from the earliest recorded "evidence" to con-

temporary descriptions and illustrations. This presentation was followed by that of Dr. Margarita Sánchez del Río (Madrid, Spain) who reviewed how recent advantages in functional neuroimaging techniques enable the assessment of functional activity of specific brain areas, which are relevant for the pathophysiology of migraine. Then, Dr. Pasquale Montagna (Bologna, Italy) presented relevant research studies on the identifica-

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The European Headache Summer School 2008 (continue from page 1)

The training of young physicians on site is one of the aims of the European Headache Federation

ino Foundation of University Centre for Adaptive Disorder and Headache, Pavia, Italy, the Danish Headache Center, Department of Neurology, University of Copenhagen, Denmark.

The programme was chaired by Professor Rena Shiraliyeva and Messoud Ashina.

The speakers included T Steiner, R Jensen, V Osipova, Z Katsarava, L Bendtsen, G Tabeeva, T Voznesenskaya, R Hasanov, G

Sandrini, R Nappi, C Tassorelli and F Antonaci.

The special session on "Headache research in post Soviet area" included the results of epidemiological studies in Georgia and Moldova presented by Z Katsarava and I Moldovanu.

The well-balanced program covered a broad spectrum of issues.

It did not only provide state-of-the-art knowledge but also offered the opportu-

nity for in-depth discussions including multidisciplinary treatment strategies and very stimulating interactive "Taking a good headache history" interviews with headache patients. The Headache School finalized with a multiple choice test to all the participants and a detailed evaluation to optimize and improve the future summer schools.

The simultaneous

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Present and Future of Migraine Research (continue from page 1)



Rome - Colosseum

tion of genetic component(s) that may have a role in the prognosis, diagnosis and treatment of migraine. In addition, this meeting was focused on some key practical considerations, notably about how both physician and patient behavior can influence not only the choice of treatment but also the results obtained. In this respect, Dr. Koen Paemeleire (Ghent, Belgium) presented the results of a study carried out in three European countries, the aim of which was to assess current practices in the management of patients with different clinical forms of headache presenting to general practitioners. Similarities and differences according to practices in various countries as well as a review of current clinical guidelines for the management of migraine were also commented on. Dr.

Peter Goadsby (San Francisco, USA) talked about optimizing acute migraine outcome and presented recent evidence of a robustly designed clinical trial conducted regarding the benefits of early intake of triptan medication (within one hour of migraine onset and when pain is still mild). Superimposed on this physician challenge are a number of patient-related issues that may independently confound optimal outcomes. Finally, Dr. Christian Lucas (Lille, France) presented controversial data on whether migraine is a causative or a risk factor for ischemic stroke.

The Editorial Office

The Journal of Headache and Pain

Master's degree in Headache Medicine



springer.com



Official Journal of the European Headache Federation

Specifically dedicated to researchers involved in all aspects of headache and pain, including theory, methodology, clinical practice and care.

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- Genetics
- Neurology
- Internal medicine
- Clinical pharmacology
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- Neurosurgery
- Psychology
- Pain management

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MASTERS DEGREE IN HEADACHE MEDICINE

Academic Year 2008-2009

The Master's degree in Headache Medicine is aimed at developing excellence among experts in this field of clinical medicine. Its purpose is to promote and disseminate epidemiological, nosographic, genetic, pathophysiological, diagnostic, social-health, clinical and therapeutic knowledge of headache, a disease that has a considerable impact on the general population. This high-level post-graduate course will provide successful applicants with the instruments necessary to make a modern evaluation of headaches that will allow the correct management of affected patients. Course participants will be able to acquire multidisciplinary competences that will enable them to relate to the problems of headache patients by means of the most widening, inter-cultural skills. The Master is included in the Global Campaign to Reduce the Burden of Headache Worldwide (GC), an initiative in collaboration with WHO, and is endorsed by the European Headache Federation. The e-learning section is organized in alliance with Springer. For Further informations, please contact:

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European Headache and Migraine Trust International Congress 2008

We are honoured to chair the first joint bi-annual congress of the Migraine Trust and the European Headache Federation. The European Headache and Migraine Trust International Congress (EHMTIC) 2008 is a united effort which reflects our wish to provide all participants with a inique opportunità to enjoy a 4 day programme covering new therapies, developments and research and our interest in the on-going education of both sufferers and professionals in the headache and migraine field. We will be delivering a joint programme of lectures which will provide a truly first class congress.

We very much hope you will be able to join us at this meeting.

We look forward to welcoming you to our first joint congress in London in September 2008

Prof P J Goadsby
 International Scientific Advisory Committee Joint Chairmen

Prof H-C Diener



European Headache and Migraine Trust International Congress 2008

The Migraine Trust & European Headache Federation

Full Programme

Thursday 4th – Sunday 7th September 2008
 Novotel London West, Hotel and Convention Centre, London, UK

For more information, please visit www.ehmticongress2008.com

the migraine trust
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This newsletter seeks to provide timely and accurate information from the most knowledgeable sources. The newsletter is mailed to EHF members, national drug companies and medical journalists in line with information given by board members. The views expressed in the articles in EHF News are those of the authors and do not necessarily reflect those of the EHF and the Publisher.

**Questo periodico e' associato alla
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What's on...



📅 **4th-7th September 2008,
London, United Kingdom**

European Headache and Migraine Trust
International Congress 2008

Information:

www.ehmtcongress2008.com

📅 **1st October 2008,
Milano, Italy**

Giorgio M. Kauchtschischvili

Award IX Edition: Press Conference

Information:

www.neuronet@libero.it

📅 **3rd-5th October 2008,
Sophia-Antipolis-France**

The European Summer School

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May 2008: The European Headache Summer School moved to Baku

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translation facilities provided were very effective and made it possible to follow all lectures in English and Russian. The overall impression was that the summer school provided a unique opportunity for young researchers to meet and exchange ideas in a creative environment. It is hoped to be a long-running tradition of the academic calendar.



Baku - Maiden's Tower

**Messoud Ashina and
Rena Shiraliyeva**