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# EHF NEWS

An e-newsletter from the European Headache Federation

## The patient' associations in Italy

Finally all Italian headache societies understood a very important life concept: "Nobody is intelligent as everybody together". At first the associations consisted of patients or neurologists now, most of them have a panel composed by both categories.

With this new formula, it's easier to hit the targets. Every single member is in charge for his or her specific competence and, all of them direct their energy toward a unique point: the headache organization, which bridges the gap between migraine sufferers and the neurology or better, the medical world. In alphabetical order the most important

Italian headache associations:

### **Alleanza Cefalgici (AlCe Group - Cirna Foundation)**

Prof. Damiano Nigro  
Viale C. Battisti 17,  
Pavia 27100  
([alcegroup@tin.it](mailto:alcegroup@tin.it);  
[www.cefalea.it/alce.htm](http://www.cefalea.it/alce.htm))

### **ARCA-LARIO ONLUS**

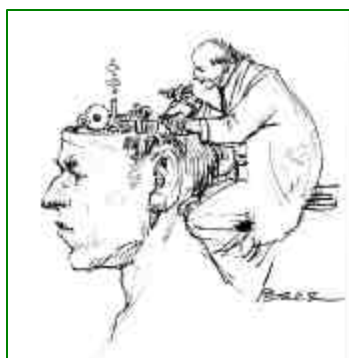
Dr. Roberto Sterzi, Via  
Napoleona 60, 22100  
Como c/o U.O.  
Neurology S. Anna  
Hospital ([www.arcalario.org](http://www.arcalario.org))

### **Associazione Italiana Cefalgici**

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([Aiello50@freemail.it](mailto:Aiello50@freemail.it))

### **LegA Italiana Cefalgici - ONLUS**

Dr. Paolo Martelletti  
P.O. Box 7126  
00100 Roma Nomentano



([pao.martelletti@uniroma1.it](mailto:pao.martelletti@uniroma1.it)  
[www.legaitalianacefalgici.it](http://www.legaitalianacefalgici.it))

### **Organization for Understanding Cluster Headache Italia**

Sig. Riccardo Pentenero  
([riccardo.pentenero@seat.it](mailto:riccardo.pentenero@seat.it)  
<http://it.geocities.com/ouchitalia/.htm>)

### **Associazione Antonio R. Cananzi per le cefalee e le malattie cerebrovascolari**

Dott.ssa Alberta Leon  
Canzani 049,8800428

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## The Association France-Migraine

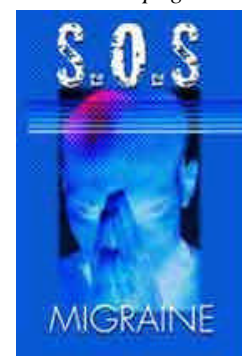
The Association France Migraine is a non profit association as defined under the French 1901 Law.

The Association France Migraine mission is to :

- Obtain for migraine the recognition and treatment resources due to a real illness.
- Provide up to date information and build on it.

- Help migrainous people to understand their symptoms.
  - Increase awareness among non-migrainous people.
  - Inform on new treatments.
  - Organise professionals and involved people.
- Communicate on and develop information. The Association has "communicated " with its

members through a three-monthly newsletter (MIG-Infos) and occasional meetings. The Association France Migraine is a non-profit organisation, managed by volunteers. An annual membership system which brings membership fees, together with sponsorship, enable the Association to pursue its goals and run its opera-



tions.  
[www.sos-migraine.com/index.htm](http://www.sos-migraine.com/index.htm)

## What's on...

### ◆ 26-30 June 2002, Istanbul, Turkey

6th Headache Congress  
Information: [www.6thehf.org](http://www.6thehf.org)

### ◆ 27- 31 August 2002, Vilnius, Lithuania

EHF Summer School 2002  
Information:  
[audroneja@hotmail.com](mailto:audroneja@hotmail.com)

### ◆ 23-26 September 2002, London UK

14th Migraine Trust  
Information: [www.migrainetrust.org/research](http://www.migrainetrust.org/research)

## Note

Abstract submission for  
Istanbul is extended to  
March 15th

6th European Headache  
Federation Congress



### 26-30 June 2002 Istanbul - Turkey Main Themes

- Case Study based teaching course
- Challenging neurovascular headache syndromes
- Migraine and the Human Genome
- Neglected causes of head and facial pains
- Paediatric headache & Burden of headache

Information:  
[www.6thehf.org](http://www.6thehf.org)

## EHF NEWS

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*Purpose: EHF Newsletter, a European Headache Federation publication, is dedicated to increasing physicians' awareness by educating and informing them as to what is going on in the field of headache in Europe.*

*This newsletter seeks to provide timely and accurate information from the most knowledgeable sources. The newsletter is mailed to EHF members, national drug companies and medical journalists in line with information given by board members. The views expressed in the articles in EHF News are those of the authors and do not necessarily reflect those of the EHF and the Publisher.*

*Questo periodico  
e' associato alla  
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Periodica Italiana*



EHF Summer School  
2002



### 27-31 August 2002 Vilnius - Lithuania Main Themes



- Acute and chronic primary headaches: pathophysiology, treatment guidelines
- Symptomatic headache and its treatment

#### Information:

[audroneja@hotmail.com](mailto:audroneja@hotmail.com)

*Thanks to an unrestricted educational grant from Pfizer, there will be a limited number of bursaries to Vilnius offering reduced-rate or free registrations for those who could not otherwise attend.*

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## European Headache Federation

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### Arca

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Istituto Neurologico Besta  
([www.istituto-besta.it](http://www.istituto-besta.it))

Last but not least, as all patients that suffer of chronic pain, also headache patients need psychological support.

Italian headache societies are of great help in organizing self help groups but, the project for the future is to raise funds in order to support part of a cognitive therapy to patient that suffer of tension type headache. It is a very ambitious project but the Italian associations are so determinate that, the success of the above project would be only one of many hit targets.

**Alexis H. Cronin, Como**