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# EHF NEWS

An e-newsletter from the European Headache Federation

## “Migraine Disease And Art” at EHF Congress in Istanbul

The 6<sup>th</sup> EHF Congress in Istanbul featured a World Headache Alliance (WHA) Special Lecture on Migraine & Art. The paper “Migraine Disease and Its Relationship With Art” was written and presented by Michael John Coleman, Executive Director of MAGNUM, The National Migraine Association, and Director and Trustee of WHA. Mr. Coleman discussed how Migraine disease and headache disorders impact the voice of artists and their perception of the world around them. As a Migraine sufferer since the age of six, Coleman discussed how this debilitating disease has affected the development



of his unique approach to his award-winning artwork. He then offered a perspective on how this neurological illness is reflected in artwork based upon his life, interviews with living internationally known artists who are Migraineurs, such as American Janet McKenzie, and an investigation of internationally-renown past artists including Holland’s Vincent

Van Gogh, and others recognized as Migraineurs. MAGNUM VP Terri Burchfield noted “the use of art by Migraineurs is an extremely important tool in securing the support of high-ranking and influential officials both in the government and in the general medical community”. This lecture was first heard in Sicily last year at the Bayer Press Workshop on Migraine, and the ideas will continue to be developed as MAGNUM promotes a better understanding of the burden of headache disorders around the world.  
*Michael John Coleman, E.D.*  
*MAGNUM, The National Migraine Association*

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## Headache at Vilnius: final programme

### Tuesday 27<sup>th</sup> August

**What is headache? A general introduction** (Blau)

**Headache as a public health problem** (Leader: Steiner)

- a) Prevalence surveys: methodology and results in headache (Bendtsen)
- b) Burden of adult headache (Steiner)
- c) Burden of childhood headache (Vaiciene)

**Does untreated headache in childhood lead to**

**greater problems in adulthood?** (Wöber-Bingöl)

**Wednesday 28<sup>th</sup> August**  
**Headache in children** (Leader: Vaiciene)

- a) Introduction: children are not small adults (Wöber-Bingöl)
- b) Migraine in children: special features (Vaiciene)
- c) Other childhood headaches (Wöber-Bingöl)
- d) Headache and epilepsy in childhood (Vaiciene)

e) Use of drugs and other treatment modalities in children (Wöber-Bingöl)

**Headache in the elderly** (Couturier)

**The nature of migraine** (Leader: Mulleners)

- a) Clinical features (Mulleners)
- b) Risk factors, triggers and precipitants (Agosti)
- c) Pathogenesis (Kaube)
- d) Serious and non-serious headache in the differential diagnosis (Stovner)

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e) C o -  
morbidity  
(Bendtsen)  
**Genetics, and  
u n d e r -  
s t a n d i n g  
t h e n a t u r e  
o f m i g r a i n e**  
(Mulleners)



**Thursday 29<sup>th</sup> August**  
**Acute treatment of migraine: stepwise or stratified** (Steiner)  
**Treatment of migraine**

## What's on...

♦ 26- 30 August 2002,  
Vilnius, Lithuania

EHF Summer School 2002

Information:

audroneja@hotmail.com

♦ 19-21 September 2002  
Marrakech, Morocco

1<sup>er</sup> Congres Francophone du  
Groupe Francophone d'Etude  
des Cephalées

Information:

gfec@b-c-a.fr

♦ 23-26 September 2002,  
London UK

14th Migraine Trust

Information:

www.migrainetrust.org/research

♦ 26 - 29 October , 2002,  
Vienna, Austria

6th Congress of the European  
federation of neurological  
societies (EFNS)

Information:

headoffice@efns.org

http://www.efns.org/efns2002

## EHF NEWS

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*Purpose: EHF Newsletter, a European Headache Federation publication, is dedicated to increasing physicians' awareness by educating and informing them as to what is going on in the field of headache in Europe.*

*This newsletter seeks to provide timely and accurate information from the most knowledgeable sources. The newsletter is mailed to EHF members, national drug companies and medical journalists in line with information given by board members. The views expressed in the articles in EHF News are those of the authors and do not necessarily reflect those of the EHF and the Publisher.*

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**EHF web site:  
www.ehf.ws**

(Leader: Saxena)

- a) Pharmacology and presumed modes of action of acute anti-migraine drugs (Saxena)
- b) Acute drug treatment (Agosti)
- c) Treating the patient (Blau)

**New therapeutic targets in acute migraine therapy (Saxena)**

**Treatment of migraine (Leader: Bendtsen)**

- a) Prophylactic treatment: scientific proof of efficacy (Bendtsen)
- b) Prophylactic treatment: selecting the patient and the drug (Stovner)
- c) Management of menstrual and perimenopausal migraine, and migraine in pregnancy (Eikermann)
- d) Oral contraceptives in migraine management: risks and benefits (Eikermann)

**Indomethacin-responsive headaches: pathophysiological speculations (Stovner)**

**Friday 30<sup>th</sup> August**

**Headache and hormones: pathophysiological considerations (Eikermann)**

Cluster headache and other trigeminal

autonomic cephalalgias

(Leader: Elrington)

- a) Clinical features of cluster headache: a presentation with video (Blau)
- b) Pathogenesis of cluster headache (Kaube)
- c) Treatment of cluster headache and long-term outcome (Wysocka-Bakowska)
- d) Chronic paroxysmal hemicrania and other short-lasting headaches (Elrington)

**Medication overuse headache (Jegere)**  
**Tension-type headache: episodic and chronic (Leader: Obelieniene)**

- a) Clinical features (Obelieniene)
  - b) Pathogenesis (Jegere)
  - c) Differential diagnosis, including headache with depression (Agosti)
  - d) Drugs in tension-type headache: what has efficacy? (Tfelt-Hansen)
  - e) Management (Wysocka-Bakowska)
- What makes pain chronic? (Kaube)**

**Saturday 31<sup>st</sup> August**

**Headache history and examination (Elrington)**

**Secondary headache (Leader: Couturier)**

a) Posttraumatic headache (Obelieniene)



b) Cervicogenic headache (Jegere)

c) Other secondary headaches (Wysocka-Bakowska)

d) Trigeminal neuralgia (Couturier)

**An introduction to evidence-based medicine and evaluation of clinical trials (Tfelt-Hansen)**

**Information:**

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*Thanks to an unrestricted educational grant from Pfizer, there will be a limited number of bursaries to Vilnius offering reduced-rate or free registrations for those who could not otherwise attend.*

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