



European Headache Federation

Executive Committee Meeting

2nd – 3rd September, 2015

16:00 – 17:30 / 10:45 – 13:00

Vienna, Austria

MINUTES

2nd September
16:00 – 17:30

Attending members: Dr. Mitsikostas, Dr. Osipova, Dr. Jensen, Dr. Katsarava, Dr. Martelletti, Dr. Lampl, Dr. Siva, Dr. Paemeleire – EHF Council

Apologies: Dr. Paemeleire , Dr. Edvinsson, Dr. Dolezil

EHF administrative office: Olga Coschina, Marcel Dekker

1. Welcome and apologies

Dimos Mitsikostas (DM) welcomed everyone and started the meeting by reading through the minutes of the last meetings that took place in Valencia in May 2015.

2. Approval of minutes of the last EC Meetings (Valencia, May 2015)

Minutes of the meeting were unanimously approved.

3. Action Items EC Meetings (Valencia, May 2015)

All went through the action items and updated the status of each.

The open items will be discussed and updated during the meeting.

4. Consensus on para-clinical investigation Draft 2

DM continued the meeting by discussing the latest draft of the para-clinical investigation document.

The comments received from Vera Osipova (VO) will be considered and discussed at the meeting of the committee on the same day.

Committee: D.D. Mitsikostas (chair), P. Martelletti, C. Lampl, V. Osipova, A. Siva, K. Paemeleire.

Additionally, DM will send the document to the national societies for their information and comments, after what the external committee will be reviewing the document.

External committee: J. Pascual, M. Ashina, P.J. Goadsby, M. Ferrari, H.C. Diener, J. Olesen

It was noted that patients' involvement is important and will be taken into consideration and mentioned in the last stage of the document draft.

The 4th Draft of the para-clinical investigation document will be sent to EHA (European Headache Alliance) followed by the publication in the JHP.

Action:

- Send para-clinical investigation document to the National Societies for comments – Olga

5. Collaboration with other societies (EHA, EFNA, EAN, EFIC, LTB)

DM presented the societies EHF is having good collaboration with and related projects.

AHA - Audrey Craven will be involved in the 'Cluster Headache' day campaign, EHF guidelines, Executive Committee meetings and other EHF initiatives on behalf of the EHA.

EFNA - A common symposium on 'Improving patient outcomes through a multidisciplinary approach' will be jointly organised by EFNA (EHA) and EHF at EAN meeting 2016.

EAN – EHF agreed to support 7th Regional Teaching Course in Khartoum, Sudan (October 2015) with an unrestricted grant of 10.000 EUR.

In June 2015, DM had a meeting with the Prof Gunter Deuschl (EAN President) and agreed on the following:

- ✓ Common guidelines (EAN, EHF & EHA) on migraine treatment (outside EAN subcommittee)
- ✓ Support EHF meetings (will be invited to Athens and Glasgow).
Every EAN meeting will host a headache symposium

EFIC – joint symposia at all EHF and EFIC meetings. It was agreed that EFIC President (Chris Wells) will be chairing and lecturing at EHF Christmas meeting in Athens in December 2015.

6. EHF support of National H events & EHF H Schools

Vera briefly summarized the proposal of the new format of EHF support of National headache events and/or headache schools presented and discussed at the previous EHF meetings.

▶ **National Headache Schools**

- cover only basic knowledge in headache field, and this information could be entirely presented by the local headache specialists in local language

▶ **National Headache Conferences**



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- have both clinical and scientific orientation, the programme should comprise not only basic clinical knowledge but cover more advanced and complicated research topics including results obtained in local headache studies if any are going on

▶ **National Headache Events and the role of EHF**

- The EHF each year will endorse and partially financially support one National Headache Event (Headache School or Headache Conference) in one of European countries according to application received. The application should be prepared by the National Headache Society and sent to EHF Council at least 6 months before the planned event.
- The role/support of the EHF will consist of bringing speakers (not more than 3) to the National Headache Event (School or Conference). For these speakers the EHF will cover travel and accommodation expenses. No honorarium will be provided. The EHF is not responsible for the administrative issues connected with the organization of the National Headache Event.

The proposal was approved by the present board members.

It was agreed that Olga (Administrative office) will work together with Rigmor Jensen and Vera Osipova on the preparations of the official document outlining the new format according to which, the EHF website and the Brochure will be updated.

Action:

Create a document (Headache Schools and National Headache Events supported by EHF) and update EHF website & Brochure accordingly – Vera / Rigmor / Olga

7. EHF Brochure Update

OC started working with designer on the content and design of the EHF brochure which hasn't been updated for several years. VO and RJ will facilitate the content regarding the new format of the Headache Schools and Headache National events to be included in the new brochure.

Action:

Facilitate the content for the new EHF brochure – Vera / Rigmor
Work with the designer on the design for the new brochure - Olga

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8. EHF Financial situation 2015

OC presented the EHF budget 2015 versus the actual budget 2015.

EHF budget 2015	Budget 2015	Actual Budget 2015
INCOME	EUR	EUR
Income from EHMTIC 2016	€ 70,000.00	€ 68,212.30
Sponsorship (non-congress)	€ 15,000.00	€ 4,000.00
TOTAL INCOMES	€ 85,000.00	€ 72,212.30
EXPENSES	EUR	EUR
Kenes Association Management	€ 15,000.00	
Mailings/Conference calls, etc.	€ 1,500.00	€ 138.70
Accounting and Audit	€ 7,000.00	€ 254.82
Newsletter	€ 1,000.00	
Website	€ 1,650.00	€ 1,650.00
E-Headache School	€ 15,000.00	€ 4,000.00
EHF EC Meetings	€ 15,000.00	€ 1,554.27
EHMTIC Promotion/Communication	€ 5,000.00	€ 523.00
Lifting the Burden	€ 4,000.00	
Honorarium Tim Steiner (Bylaws)	€ 1,000.00	€ 1,000.00
TOTAL EXPENSES	€ 66,150.00	€ 9,120.79
BALANCE	€ 18,850.00	€ 63,091.51

According to the EHMTIC 2014 financial report, EHF haven't received entitled share of the profits from MT (Migraine Trust). RJ and DM will therefore contact Adam Speller to question him about this matter.

Action:

Contact Adam Speller about the missing profit share from EHMTIC 2014 - DM / RJ



3rd September
10:45 – 13:00

Attending members:

Dr. Mitsikostas, Dr. Osipova, Dr. Jensen, Dr. Katsarava, Dr. Martelletti, Dr. Lampl, Dr. Siva – EHF Council

Apologies: Dr. Edvinsson, Dr. Dolezil

9. EHF Christmas meeting

DM informed all about the progress of the first EHF Christmas meeting planned during the 11th and 12th December 2015 in Athens with about 150 - 200 participants.

The first EHF meeting will be focused on CGRP and headache.

Chairmen: Dimos Mitsikostas and Paolo Martelletti.

Scientific Committee:

Messoud Assina (Copenhagen)

Peter J. Goadsby (London)

Zaza Katsarava (Essen)

Jose Miguel Lainez (Valencia)

Christian Lampl (Linz)

The meeting is organized by the local PCO OneZone in collaboration with the Hellenic Headache Society. The main sponsor of the event is TEVA (Pharmaceutical Industries).

Since the contract with TEVA hasn't been signed yet, it was suggested that DM should follow this up and get back to the EHF board by the end of September with the status.

DM presented to all the final programme of the meeting which is available on the meeting website (http://www.10ehfcongress-athens2015.com/scientific_program.php).

Action:

Get back to the board members by end of September in regards to the sponsorship agreement with TEVA - DM

10. EHMTIC 2016

DM presented briefly the status of the EHMTIC 2016 meeting in Glasgow.

Chairmen: Peter Goadsby and Dimos Mitsikostas

Scientific Committee:

Andrew Charles, USA

Anne Ducros, France

Lars Edvinsson, Sweden

Philip Holland, UK

Arne May, Germany

Paolo Martelletti, Italy

The preparations of the meeting are progressing well with the preliminary programme in place.

It was mentioned that there is an opportunity for LTB to organize a parallel session.

11. Cluster Headache Day

DM talked about the planned launch of the EHF Cluster Headache day on March 21, 2016 and the progress of the preparation work.

The campaign will be supported by key partners of EHF such as EHA (European Headache Alliance), EAN (European Academy of Neurology), Cluster Headache Patient Organisation (Germany), and LTB (Lifting the Burden).

Kenes was requested to deliver a proposal for the 'Cluster Headache Celebration Day' campaign. The proposal was elaborated and included all the steps for a successful campaign organisation such as campaign concept, scoping of potential sponsors, campaign launch & policy events, project management and coordination. It was suggested that the costs for the campaign would be as follows:

- EHF project management costs 34.000 EUR
- Out of pocket expenses estimated at 77.250 EUR and coming from sponsorship

DM mentioned that the proposal is expensive for EHF and suggested to look for other options to create a benchmark.

12. Introduction of The International Master in Headache at The University of Copenhagen

RJ briefly presented the status of the International Master in Headache at the University of Copenhagen. This is a 2-year master programme (60 ECTS), which is taught in English. Lecturers and supervisors will be highly specialized researchers within the field. The preparations of the programme are now at their final accreditation phase and the launch is planned for September 2016.

More details about the presentation are available per request.

13. 13th Edition of Master in Headache Medicine, Academic Year 2015 -2016

PM informed the board about the 13th edition of the Master in Headache Medicine at Sapienza University of Rome. The board happily approved EHF continued endorsement of the Master in Headache Medicine.

14. EHF members financial support

a. Request from Estonian Society

Mark Braschinsky (President of Estonian Headache Society) addressed EHF board with the request for financial support of a research called 'The prevalence and analysis of related factors of primary headaches in Estonia, comparison of different methodological approaches to headache epidemiological research'.

Since the board didn't see a clear purpose of the project as well as no value for EHF, Mark Braschinsky will be asked to provide more details on the outcome of the planned research.

Action:

Get back to Mark Braschinsky – OC



15. European Principles – updated version 2016

VO introduced the topic of the European Principles of Management of Common Headache Disorders in primary care: Updated version (2nd Edition) 2016.

The document is to be jointly facilitated and updated by the EHF and LTB.

The amendments to the European Principles 2016 were summarised as below:

1. Table of contents (to be added in the beginning)
2. General diagnostic approaches to H (to be broadend)
 - The role of the ICHD
 - Diagnostic criteria for secondary Hs
 - Subdivision to primary and secondary Hs + Definition of causative disorder
 - Indications for paraclinical examinations
3. Common mistakes in H diagnosis + the list of wrong and correct diagnoses
4. Short version of the ICHD-3 beta

16. TJHP and Headache Series

Springer representatives - Barbara Pedrotti and Donatella Rizza joined the meeting to talk about collaboration with the Journal of Headache and Pain and Headache Book series.

BP presented the history of the Journal and user statistics of the SpringerOpen as below:

- Article-processing charge of €1425 for each article accepted for publication.
- Springer routinely waives charges for authors from low-income countries.
- Generally, if the submitting author's institution is a Member the cost of the article-processing charge is covered by the membership (415+ members in 50 countries support or pay APC).
- There is a limited number of waivers for article-processing charges available at the Editor-in-Chief's discretion (10 in 2015).

DM questioned BP about the future possibilities for EHF to obtain royalties from the articles contributed to the Springer the EHF board members.

BP mentioned that this is not possible due to the fact that Springer is an open access journal requiring no subscription fee. Impact Factor (2.80) of the SpringerOpen Journal plays import role in increasing EHF visibility and raising awareness about the society.

Springer is confident that due to a mutual collaboration with EHF, both The Springer and EHF will grow steadily.

BP informed EHF that Springer, however, is happy to contribute biannually to EHF congress the amount of 10.000 EUR. As part of the collaboration with Springer, EHF will be expected to promote the Journal at the EHF Congress and in its newsletters.

EHF board was enthusiastic about this proposal but requested the Springer to make half of this grant (5.000 EUR) already in 2015 and the rest would be made in 2016.



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BP couldn't confirm this as she will have to get the approval of the Springer board.

Donatella Rizza continued the meeting by presenting the Headache Book Series.

Four headache book series have been issued since the year 2013 among which are series book such as:

- 'Case-base diagnosis and Management of Headache Disorders'
(Released September 2014; Print sales: 75 copies; Chapters downloads: 16806)
- 'Pathophysiology of Headaches'
(Released May 2015; Print sales: 57 copies; Chapters downloads: 2119)
- 'Pharmacological Management of Headaches'
(Released September 2015)

The planned book series are:

- Comorbidities in Headache Disorders (M.A. Giamberardino, P. Martelletti Eds).
Planned pub. Date: by the end of 2016
- Societal Impact of Headache – Burden, Costs and Society's Response (T.J. Steiner, L.J. Stovner Eds.) – Planned pubdate: TBD

DM suggested that Springer should be represented at the EHF Christmas meeting in Athens in December with the booth.

It was mentioned that attending the congresses is not one of the marketing strategies planned for Headache Series and the Journal as most of the promotions are made on the digital platforms.

More details about the presentation are available per request.

Action:

Barbara Pedrotti will report to EHF about the sponsorship payment distribution.

17. Date of the next EC Meeting

The next EC meeting will take place during the EHF Christmas Meeting in Athens (10th to 13th December 2015). All the board members will be notified about the exact date of the meeting on a later stage.

The board meeting was adjourned at 13:00.