The Swedish Migraine Association (Svenska Migränförbundet - SMIF) was founded in 1990. It is the patient organisation for people living with migraine and other headache disorders. We aim to assist, support and represent people with migraine while raising awareness of the nature of the condition. There are over 1 million people in Sweden who suffer from migraine and the estimated cost for the Swedish economy is over 1,4 billion Euros annually in lost productivity. The Swedish Migraine Association works towards alleviating the burden of migraine headaches and other headaches in Sweden by providing a wide range of services including:

- Regional and local sub organizations offering a closer contact with the members. They give lectures and offer various programmes for the members.
- The Magazine "MigränBladet", issued four times a year.
- Publications like folders on migraine, tension type headache, Cluster Headache, headache among children youngsters and hormone related headache, books and films.
- www.migran.org website.
- Self-help groups.
- Advocacy and lobbying
- Headache-teams in primary care
- National guidelines on headache
- Rehabilitation - headache schools within the regions
- Studies
- Internet based network for people with Cluster Headache
- Awareness campaigns: Migraine Action Month in September as a part of the World Headache
- Awareness Month and also September 12, Migraine Action Day as a part of the European Headache Alliance campaigns.

SMIF is a membership based organisation with over 2,600 members. We are members of the World Headache Alliance and the European Headache Alliance. We have twelve regional and three local sub organisations.

The editorial office
Welcome to the web page of EFIC

What Is EFIC? (European Federation of IASP® Chapters)
The European Federation of IASP® Chapters (EFIC®) is a multidisciplinary professional organisation in the field of pain science and medicine, consisting of the 36 European Chapters of National Pain Societies of IASP® (International Association for the Study of Pain). Established in 1993, EFIC’s 36 constituent chapters represent Pain Societies from 36 countries and close to 20,000 scientists, physicians, nurses, physiotherapists, psychologists and other healthcare professionals across Europe, who study pain and treat patients suffering from pain.

EFIC’s Aim
EFIC’s aims are to advance research, education, clinical management and professional practice related to pain, and to serve as an authoritative, scientifically based resource concerning policy issues related to pain and its management.

EFIC Activities
• The European Journal of Pain (EJP)
The European Journal of Pain published since January 1997, has an Impact Factor of 3.94 and is ranked No. 4 in the category Anaesthesiology by ISI (©Thomson Reuters Journal Citation Reports, Science Edition (2011)). It currently publishes 10 volumes per year and is cited in Pub Med and other leading scientific reference facilities on the web. The online subscription to the EJP is free of charge for EFIC National Society Members and can be claimed by registering at the official EFIC website www.efic.org. More information on the printed version of the EJP can be found on the EJP website.

• The “European Against Pain” Initiative (EAP)
Launched in 1991 at the European Parliament, the concept behind the “Europe against Pain” (EAP) initiative is to focus on activities at European Union level, in order to use EU institutions and programs in the field of public health to leverage our efforts at influencing knowledge, opinion, and ultimately policy and practice concerning pain at both pan-European and national levels. This initiative brings together pain professionals, patients, and industry to work towards the common objective through the agreed modalities. These partnerships undertake educational and European public affairs activities with the view to raise the profile of pain on future health agendas in Europe. This is achieved through:

  • Informative Tools
  • Briefing packets (media packs) for representatives who will meet face-to-face with EU decision makers.
  • Compilations of existing published data on pain and its costs in Europe in an easily accessible summary format.
  • Other information for pain patients and the general public on the steps to pain treatment.

• Network Dissemination
EFIC has identified and is in contact with key decision makers in the European arena. EFIC has recruited skilled and high profile spokespersons from among the members of EFIC, who are willing to represent our message effectively. This network enables the planning across Europe of the “European Year Against Pain (EYAP)’”.

In addition, EFIC’s biennial pan-European conference is an appropriate venue to announce the continuing EAP plans.

• The European Year Against Pain (EYAP)
Each year, EFIC launched a centrally coordinated event, namely “The European Week against Pain (EWAP)”. The first European Week against Pain was launched at the European Parliament in 1991 and since then, European Chapters from all over Europe have held national activities each year during the defined week to gain attention amongst the medical community, the general public, and local media. Each EWAP has a defined theme and EFIC provides briefing packs on that theme, so that a general message can be unified across Europe. In 2011 EFIC promoted the theme “Chronic Back Pain”. From 2012 onwards, the EWAP will become “The European Year Against Pain” and the respective theme of 2012 will be “Visceral Pain”.

• Pain in Europe – EFIC’S Congress
Since 1995, EFIC has held 7 congresses with the next one “Pain in Europe VIII” planned in Florence 9-12 October 2013. EFIC’s congress has become a popular forum in Europe attracting over 4,000 participants in 2011 and with an average growth of 30% for each congress. Congress participants are mainly from Europe, but with representation from 73 countries worldwide in 2011, the congress can be viewed as an international educational exchange on pain issues. For further information on the next congress, please consult the EFIC website or Kones website.

EFIC Educational Initiatives
• Fellowship for Members of EFIC Chapters: Individual fellowships for medical doctors supporting trainings at important European pain centres to learn and practice clinical pain management. Application forms can be found on the EFIC website.

• EFIC Pain Schools: EFIC Pain Schools are aimed at young European medical doctors and paramedical personnel who are interested in the field of pain and want to get more experience. These are at least 4-5 days international schools regarding treatment of pain patients and all aspects of pain development. To be eligible for the school, you need to be an EFIC Chapter member. Successful applicants may be eligible for a grant.

• Master Classes: Advanced-level courses aimed at European medics who have at least 2 years of experience in chronic pain management. All courses will be taught in English so proficiency in English is required. Successful applicants may be eligible for a travel and accommodation grant. Master classes will be announced on the EFIC website.

• Educational Support Grant: EFIC carries out a programme of “bottom up” educational support grants to improve the scope and availability of education of pain clinicians of all disciplines with regard to pain and its management in Eastern Europe. Three grants will be given, each of a value up to € 12,500, and the request for bids is being circulated. The projects can act as pilot programs for further development of education projects. Application for grants has to be submitted at least 6 months before the beginning of the project. Grants will not be awarded for projects that are in the planning stages only and specific start and completion dates will be required.

The editorial office
The Italian Society for the Study of Headaches (SISC) announces the competition of the Enrico Greppi Award 2013. The award will be granted to the best unpublished original paper dealing with clinical, epidemiological, genetic, pathophysiological or therapeutic aspects of headache.

The prize amounts to € 10,000 and is open to researchers of all nationalities. The papers must be submitted in accordance with the editorial instructions of The Journal of Headache and Pain. The winning article will be published ex officio in The Journal of Headache and Pain within three months of the Award presentation. The remaining papers are considered as submitted to The Journal of Headache and Pain and may be published after undergoing the peer-reviewing process.

The 2013 Award is endorsed by the European Federation of IASPÓ Chapters (EFICÓ). The winner will be invited to present his/her paper at the 8th Congress of European Federation of IASPÓ Chapters (EFICÓ), to be held in Florence on 9-13 October 2013.

Manuscripts should be sent by e-mail to the President of SISC at sisc@sisc.it not later than 31 May 2013.

The journal is publishing the winning manuscript, including the list of all the members of the Selection Committee.

The Selection Committee will be composed of the SISC President, the oldest member of the Committee, three SISC members chosen from international experts in the headache field. The Committee is nominated by the SISC Board of Directors. Should the SISC President not be able to chair, the oldest member of the Committee will assume the task. The remaining Committee members are necessary to determine the winner. The winning paper must receive an average score of not less than 6. In the case of a tie, the President's vote will be decisive.

The winning article will be published ex officio in The Journal of Headache and Pain within three months of the Award presentation. The remaining papers are considered as submitted to The Journal of Headache and Pain and may be published after undergoing the peer-reviewing process.

THE ENRICO GREPPI AWARD 2013

Identifying potential predictors of pain–related disability in Turkish patients with chronic temporomandibular disorder pain
Meltem Ozdemir-Karatas, Kadriye Peker, Ali Bahk, Omer Uysal, Erman B Tuncer

Topiramate modulates habituation in migraine: evidences from nociceptive responses elicited by laser evoked potentials
Laura Di Clemente, Francesca Puledda, Antonella Biasiotta, Alessandro Viganò, Edoardo Vicenzini, Andrea Truini, Giorgio Cruccu, Vittorio Di Piero

The impact of headache and chronic musculoskeletal complaints on the risk of insomnia: longitudinal data from the Nord-Trondelag health study
Siv Steinsmo Ødegård, Trond Sand, Morten Engstrem, John-Anker Zwart, Knut Hagen

Transcranial Direct Current Stimulation (tDCS) of the visual cortex: a proof-of-concept study based on interictal electrophysiological abnormalities in migraine
Alessandro Viganò, Tullia Sasso D’Elia, Simona Liliana Sava, Maurie Auvé, Victor De Pasqua, Alfredo Colosimo, Vittorio Di Piero, Jean Schoenen, Delphine Magis

Personality traits in chronic daily headache patients with and without psychiatric comorbidity: an observational study in a tertiary care headache center
Marialuisa Rausa, Sabina Cevoli, Elisa Sancisi, Daniela Grimaldi, Gabriella Pollutri, Michela Casoria, Daniela Greco, Alberto Bisi, Pietro Cortelli, Euro Pozzi, Giulia Pierangeli
*The Journal of Headache and Pain* 2013, (4 March 2013)

The cross-ethnic variations in the prevalence of headache and other somatic complaints among adolescents in Northern Israel
Jacob Genizi, Isaac Srhojo, Nogah C. Kerem
*The Journal of Headache and Pain* 2013, (4 March 2013)
What’s on..

Panorama of national and International congresses and courses where Headache is an issue

8-10 June 2013
Barcelona, Spain
23th Meeting of the European Neurological Society
Info: www.ensinfo.org

21-26 September 2013
Vienna, Austria
XXI World Congress of Neurology
Info: www.wen-neurology.com

27-30 June 2013
Boston, USA
16th International Headache Congress and 55th Meeting of American Headache Society
Info: www.ihc2013.com

9-12 October 2013
Florence, Italy
8th Congress of the European Federation of IASP Chapters (EFIC)
Info: www1.kenes.com/efic

18-21 September 2014
Copenhagen, Denmark
4th European Headache and Migraine Trust International Congress -EHTMIC
Info: www.ehmtic2014.com

Master in Headache Medicine 2012-2013

EHF News

Editor: F. Antonaci (Pavia)
Co-editor: M. Vikelis (Athens)
Legal Director: R. Nappi (Pavia)
Registration n° 464/1996
Publisher: Tipografia Viscontea, Pavia, Italy
EHF Newsletter is published bimonthly by the European Headache Federation, whose business offices are located at the Department of Neurological Sciences “C. Mondino” Foundation, University Consortium for Adaptive Disorders and Head pain (UCADH), Via Mondino 2, 27100, Pavia, Italy (neuronet@me.com)
Purpose: EHF Newsletter, a European Headache Federation publication, is dedicated to increasing physicians’ awareness by educating and informing them as to what is going on in the field of headache in Europe. This newsletter seeks to provide timely and accurate information from the most knowledgeable sources. The newsletter is mailed to EHF members, national drug companies and medical journalists in line with information given by board members. The views expressed in the articles in EHF News are those of the authors and do not necessarily reflect those of the EHF and the Publisher.

European Headache Federation

Rigmor Jensen (Denmark) — President
Dimos Mitsikostas (Greece) — 1st Vice President
Paolo Martelletti (Italy) — 2nd Vice President
Cristian Lamp (Austria) — General Secretary
Zaza Katsarava (Germany) — Treasurer
Vera Osipova (Russia) — Member at large
Lars Edvinsson (Sweden) — Member at large
K. Paemeleire (Belgium) — Member at large
A. Siva (Istanbul) — Member at large
Dominique Valade (France) — Past President

European Headache Federation is incorporated in England and Wales as a company limited by guarantee; registered charity no. 1084181

Info EHF: www.ehf-org.org

EHF Administrative office
Kenes International
info@ehf-org.org

Questo periodico e’ associato alla
Unione Stampa Periodica Italiana