This site is devoted completely and exclusively for those suffering from Cluster Headaches. There are a few other sites out there dealing with Cluster Headaches, but no real place to "interact" with other Cluster sufferers. There are a few message boards where you can read posts dealing with Cluster Headaches, but sorting through all the migraine, tension, and other headache posts to find the few about Clusters is enough to bring on a headache! Never again will you have to search, hour upon hour, for information on Cluster Headaches! You now have a place to "hang out" that you can call our very own. You now have a place to "vent" when you wake up at 3 a.m. with a headache, the oxygen tank is empty, and you’re out of Imitrex! Finally...a place where you can talk to someone about how horrible your headaches are and know that they really do understand your pain.

Welcome to your new home on the internet!

http://www.clusterheadaches.com/
Patients’ satisfaction in migraine

Patient’s satisfaction in migraine, not only linked to 2h Pain Free rates.
Díaz-Insa S. et al, (Curr Med Res Opin 2011; 27:559–67) show the interesting patients’ satisfaction secondary endpoint correlation data from a large general practice observational study involving 400 patients with migraine, where this pre-planned sub-analysis was scheduled to ascertain whether any patient characteristics/behaviors might predict/explain the satisfaction responses observed, which demonstrated by its main traditional pain free endpoints that almottriptan administered early when pain was mild significantly improved pain-related outcomes compared with non-early/non-mild treatment (Lanteri Minet et al., Int J Clin Pract, June 2010, 64, 7, 936–943). Patients had previously tried an average of 2.5 drugs for migraine management and were currently taking a mean of 1.4 drugs. On completion of the study, patient satisfaction was higher in the early/mild treatment group than the non-early/non-mild group (p = 0.049). Assessment of the relationship between treatment efficacy (including patients’ satisfaction, time lost due to migraine, 2hPF and relapse) and patient characteristics, migraine history and medication antecedents (acute and prophylactic) in the ITT and PP populations was performed in a multivariate analysis. As mentioned, the more correlated factor with patients’ satisfaction was early treatment, and other predictors of positive satisfaction were age over 35 years, a greater than 10-year history of migraine and an educational intervention (i.e., having received a leaflet about the advantages of treating early). Conversely, the main objective variable 2hPF had only one predictor: pain severity at time of intake. The triptan treatment was associated with increased patient satisfaction and better 2hPF rates when taken early, but satisfaction was also linked to explanations to the patient (leaflets availability...) and long history of migraine, regardless of the 2hPF results. Further action seems to be required to increase patient compliance with early treatment regimens to improve both objective and subjective clinical outcomes.

The Editorial Office

Enrico Greppi Award 2012

The Italian Society for the Study of Headaches (SISC) announces the competition of the biennial Enrico Greppi Award 2012.
The award will be granted to the best unpublished original paper dealing with epidemiological, genetic, pathophysiological or therapeutic aspects of headache.
The prize amounts to € 10,000 and is open to researchers of all nationalities.
The papers must be submitted in accordance with the editorial instructions of The Journal of Headache and Pain.
The winning article will be published ex officio in The Journal of Headache and Pain within three months of the Award presentation.
The remaining papers are considered as submitted to The Journal of Headache and Pain and may be published after undergoing the peer-reviewing process.
The Award is endorsed by the European Headache Federation (EHF) and the winner is invited to present the paper at the next European Headache and Migraine Trust International Congress 2012 (EHMTIC).

The Editorial Office
The Journal of Headache and Pain

Volume 12, n. 1 (2011)

In the current issue:

- Dispute settlement understanding on the use of BOTOX in chronic migraine by Paolo Martelletti
- Permeability of dura mater: a possible link between cortical spreading depression and migraine pain? A comment by Peer Carsten Tfelt-Hansen
- Why pharmacokinetic differences among oral triptans have little clinical importance: a comment by Anna Ferrari et al
- Overview of diagnosis and management of pediatric headache. Part I: diagnosis by Aynur Özge et al
- Overview of diagnosis and management of pediatric headache. Part II: therapeutic management by Cristiano Termine et al
- Referred pain from myofascial trigger points in head and neck-sholder muscles reproduces head pain features in children with chronic tension type headache by César Fernández-de-las-Peñas et al
- Cortical-spreading depression: at the razor’s edge of scientific logic by Vinod Kumar Gupta
- Protection of flunarizine on cerebral mitochondria injury induced by cortical spreading depression under hypoxic conditions by Fengpeng Li et al
- Migraine and sleep apnea in the general population by Håvard Anton Kristiansen et al
- Tension-type headache and sleep apnea in the general population by Håvard Anton Kristiansen et al
- Alexithymia in juvenile primary headache sufferers: a pilot study by Michela Gatta et al
- Rizatriptan reduces vestibular-induced motion sickness in migraineurs by Joseph M. Furman et al
- What do the patients with medication overuse headache expect from treatment and what are the preferred sources of information? by Michael Bjørn Russell
- What do the patients with medication overuse headache expect from treatment and what are the preferred sources of information? by S. B. Munksgaard et al
- Risk factors of migraine-related brain white matter hyperintensities: an investigation of 186 patients by Anita Trauninger et al
- The borderland of migraine with aura: episodic unilateral mydriasis by F. Maggioni et al
- Orthostatic headache and bilateral abducens palsy secondary to spontaneous intracranial hypotension by Jesús Porta-Etessam et al

WEB SITES in English

http://www.sisc.it/

http://www.bash.org.uk/

http://www.neuro.be/

EHF MEMOIRS

Amarcord.... Memories of the past to help build the action of present.
To update your data connect to: www.ehf-org.org
What’s on..

Panorama of national and International congresses and courses where Headache is an issue

7 May 2011
Kiev, Russia
European Headache Video Course

28-31 May 2011
Lisbon, Portugal
Twenty-first Meeting of the European Neurological Society (ENS)

23-26 June 2011
Berlin, Germany
15th Congress of the International Headache Society (IHS)

10-13 September 2011
Budapest, Hungary
15th Congress of the European Federation of Neurological Societies (EFNS)

EHF News

Editor: F. Antonaci (Pavia, Monza)
Co-editor: M Vikelis (Athens)
Legal Director: R. Nappi (Pavia)
Registration n° 464/1996
Publisher: Tipografia Viscontea, Pavia, Italy
EHF Newsletter is published bimonthly by the European Headache Federation, whose business offices are located at the Department of Neurological Sciences “C. Mondino” Foundation, University of Pavia, Via Mondino 2, 27100, Pavia, Italy (neuronet@me.com)
Purpose: EHF Newsletter, a European Headache Federation publication, is dedicated to increasing physicians’ awareness by educating and informing them as to what is going on in the field of headache in Europe.
This newsletter seeks to provide timely and accurate information from the most knowledgeable sources. The newsletter is mailed to EHF members, national drug companies and medical journalists in line with information given by board members. The views expressed in the articles in EHF News are those of the authors and do not necessarily reflect those of the EHF and the Publisher.

European Headache Federation

Dominique Valade (France) — President
Rigmor Jensen (Denmark) — 1st Vice President
Dimos Mitsikostas (Greece) — 2nd Vice President
Zaza Katsarava (Georgia) — General Secretary
Ivan Milanov (Bulgaria) — Treasurer
Fabio Antonaci (Italy) — Member at large
Cristian Lamp (Austria) — Member at large
Vera Osipova (Russia) — Member at large
Paolo Martelletti (Italy) — Editor in Chief JHP

Fabio Antonaci (Italy) - Past President

European Headache Federation is incorporated in England and Wales as a company limited by guarantee; registered charity no. 1084181

Info EHF: www.ehf-org.org