According to the mission statement, one of the goals of the European Headache Federation (EHF) is to “Educate Europe” about headache through the teaching of the key health personnel, such as young physicians and all involved in headache management about the seriousness of headache disorders. The European Headache Federation is gathering in Italy on 5th-7th October 2006 for a high level update course designed to improve European doctors’ understanding and skills to deal with the complexities of primary and secondary headache according to the International Headache Classification criteria. The course will be held in Castrocaro Terme (FC) organised in the framework of an already established tradition of teaching carried on by the Interuniversity Centre for Adaptive Disorders and Headache (UCADH) and the

The European Headache School: 2006 appointment in Castrocaro Terme

Aims and Objectives of the EHA

• To represent the views and concerns of Headache patients across Europe to the European Union and its institutions with the aim of relieving the burden of headache internationally.
• To represent these views and needs to the World Health Organization (WHO) with the aim of influencing WHO policy on headache disorders.
• To work in partnership with any other organisations in related fields to promote common aims and goals within Europe.
• To co-ordinate the efforts of national advocacy groups in Europe.

Summary:
The European Headache School: 2006 appointment in Castrocaro

The European Headache Alliance (EHA) update

The Need for a European Headache Alliance

Patient umbrella groups with clearly defined aims and objectives can achieve more success at intergovernmental level than the individual member groups can achieve in their own regard. Unity is strength. Specifically, a European Headache Alliance is needed:

What’s on...
As the current EHF Executive Board’s term of service is coming to an end, the election of new Officers is approaching. Member national societies are invited to submit their nomination for election to the Office for the period 2006-2008. Deadline for receipt of nominations is April 14th, 2006. Nominations must be accompanied by a biography, evidence of the nominee’s willingness to serve and should be submitted via the respective Country Representatives. The election will be held during the Annual General Meeting on April 29, 2006 in Valencia during the 8th EHF Congress. We strongly encourage you to use this possibility and influence the future leadership of the EHF. Your opinion is greatly appreciated. For more information, visit www.ehf-org.org.

The European Headache Alliance (EHA) update (continue from page 1)

- Promote awareness and understanding of migraine and any other headache disorders.
- Improve access to appropriate diagnosis and treatment for people affected by a headache disorder. How will this be achieved?
- Promoting education and disseminating information about migraine and other headache disorders.
- Gathering information and bringing the needs of people with migraine and other headache disorders to the attention of policy and decision-makers.
- Promoting research on migraine and other headache disorders.

Initiatives towards an EHA

In September 2003, alongside the WHA Convention, an informal meeting of European patient organisations made it clear that there was great interest and belief in setting up an umbrella group of national patient associations. All present felt that such an organisation could take the lead in implementing initiatives to raise headache issues and strengthen patient advocacy in the European context.

A Steering Group was formed at a meeting in Dublin in January 2005 and since then has met on a number of occasions, to work towards an official launch in 2006.

The way forward to form such an Alliance

The following steps are viewed as important to move the creation of an EHA forward:
- Become a legal not for profit organisation.
- Develop and implement Plan of Action for EHA.

EHA Steering Group Members

Audrey Craven, President, Migraine Association of Ireland
Colette M. Andrée, Director, Swiss Migraine Trust Foundation
Ann Turner, Director, Migraine Action Association, UK
Cristina Tassorelli, Alleanza Cefalelgici, CIRNA Foundation, Italy
Hilkka Kettinen, Chair, Finnish Migraine Association
Elena Ruiz de la Torre, AEPAC (Asociación Española Pacientes con Cefalea), Spain
Astri Walseth, Chair, Norwegian Migraine Association
Peter Vriezen, President, Dutch Headache Patient Association.
Dear Colleagues,

We are delighted to announce that final preparations of the 8th EHF Congress are progressing very nicely and we anticipate an extremely well attended and rewarding event. We would like to inform you all of some important updates:

**CME Credits**
Following the approval from the Spanish Accreditation Council for CME (SACCME), the EACCME has granted 24 European CME credits (ECMEC) to the congress. More information at: [http://www.ehf-org.org/8ehf/cme.asp](http://www.ehf-org.org/8ehf/cme.asp)

**Teaching Courses**
Details of the teaching courses available at this year’s congress may be viewed on the congress website, you may register for the teaching courses in addition to the main congress program by simply completing the appropriate section on the online registration form. As space will be limited you are advised to confirm your participation at your earliest convenience. More details at: [http://www.ehf-org.org/8ehf/tc.asp](http://www.ehf-org.org/8ehf/tc.asp)

**Scientific Program**
The latest program of scientific sessions and speakers is available to view at: [http://www.ehf-org.org/8ehf/sc_prog.asp](http://www.ehf-org.org/8ehf/sc_prog.asp)

**Social Program**
Please take the time to mark your calendar with some of the social events we have planned during the congress dates [http://www.ehf-org.org/8ehf/social.asp](http://www.ehf-org.org/8ehf/social.asp)

**Hotel Accommodation**
This year’s congress is expected to be very well attended and as such hotel availability is quickly being booked, we would encourage you to book your accommodation through the congress website at [http://www.ehf-org.org/8ehf/accom.asp](http://www.ehf-org.org/8ehf/accom.asp) Please do not hesitate to contact the congress secretariat for any questions with regards to any aspect of the congress and above all we hope you enjoy your time in Valencia.

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**European Headache Federation**

**European Headache Federation Executive Board**

- **President**: Miguel J.A. Láinez, Spain
- **1st Vice-President**: Hans-Christoph Diener, Germany
- **2nd Vice-President**: Fabio Antonaci, Italy
- **General Secretary**: Emile G.M. Couturier, The Netherlands
- **Treasurer**: Reto Agosti, Switzerland

**Members at Large**

- Judit Afra, Hungary
- Markus Färkkilä, Finland
- D. Obelieniene, Lithuania
- D. Valade, France

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**International Scientific Committee**

- Julio Pascual, Spain (Chairman)
- Michel Ferrari, The Netherlands
- Miguel J.A. Láinez, Spain
- Volker Limmroth, Germany
- Michel Lanteri-Minet, France
- Pramod Saxena, The Netherlands
- Laszlo Vecsei, Hungary
- Giorgio Zanchin, Italy

**Local Organising Committee**

- Miguel J.A. Láinez, Valencia (Chairman)
- Jesús Castillo, Santander
- Samuel Díaz, Valencia
- Exuperio Díez, Madrid
- David Ezpeleta, Pamplona
- Jesús Hernández, Madrid
- Rogelio Leira, Santiago de Compostela
- Valentín Mateos, Oviedo
The European Headache School:
2006 appointment in Castrocarm Terme (continue from page 1)

new Guidelines for the organization of the Headache School in Europe (Funct Neurol 2005;20:89-93).
The European Headache School meets uniform standards of excellence and of code of conduct. Scholarship for young doctors from developing countries are available.

The course, organised in the relaxing atmosphere of a well known thermal resort, will last three days. It consists of theoretical teaching and video presentation. For further information, e-mail to: neuronet@libero.it

Fabio Antonaci MD PhD (Pavia)

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Purpose: EHF Newsletter, a European Headache Federation publication, is dedicated to increasing physicians awareness by educating and informing them as to what is going on in the field of headache in Europe.

This newsletter seeks to provide timely and accurate information from the most knowledgeable sources. The newsletter is mailed to EHF members, national drug companies and medical journalists in line with information given by board members. The views expressed in the articles in EHF News are those of the authors and do not necessarily reflect those of the EHF and the Publisher.

Questo periodico e’ associato alla Unione Stampa Periodica Italiana

What’s on...

Academic Year 2005-2006, “La Sapienza” University of Rome, Italy
Master’s Degree in Headache Medicine
Information: www.uniroma1.it/headache
paoio.martelletti@uniroma1.it

30 June-1st July 2006, Glasgow, Great Britain
VII International Congress on Headache in Children and Adolescents
Information: www.ICHCA2006.org
denise@conference2k.com

18th-20th September 2006, London, UK
16th Migraine Trust International Symposium
Information: www.migrainetrust.org

5th-7th October 2006, Castrocarm Terme (FC), Italy
European Headache Federation School, 2006 course (International School on Adaptive Disorders and Headache)
Information: neuronet@libero.it