

European Headache Federation

EHF NEWS



www.ehf-org.org

Eurolight: a new European lay project

Primary headaches in Europe

Health sector policy makers are constrained in their ability to take decisions on effective measures to reduce the impact of headache disorders – on those affected directly, on their families and colleagues, on their carers in the case of children, and on society – because knowledge of this impact on each of these is very incomplete.

It is estimated that more than 50 million Europeans suffered from migraine during the last year, and lost



180 million days from work or school. The estimated cost was in excess of € 20 billion. Data on other headache disorders are few but the most common, tension-

type headache, probably accounts for even greater losses.

Knowledge is needed for action in Europe

Eurolight

Launched in May 2007, Eurolight is a response to this need. Its methods were developed and tested in a pilot study in Luxembourg. Eurolight is the first consortium of stakeholders to collect data on headache at EU level, bringing together relevant medical, scientific and lay organizations (24 part-

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EHF News is open to host contributions and proposals from the readers. E-mail your suggestion to: neuronet@libero.it

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Academic Teaching of Headache Medicine in Europe.

The Sapienza University Master's Degree

There is an increasing demand of education in excellence for what concerns headache disorders. The 2007 *WHO Report. Neurological Disorders: Public Health Challenges* included for the first time headache disorders among the priorities of our times. By scrolling this book, it becomes evident how education is considered the priority

among priorities: the starting point is constituted by the training of primary care physicians up to specialist education, which represents the only way to accomplish this challenge.

The constant evolution of skills related to Headache Medicine requires, on the other hand, more and more qualified teaching patterns.

The Master Degree in Headache Medicine came to life 5 years ago at the Sapienza University of Rome and contributed, since then, to train 51 specialists coming from 6 countries (Ethiopia, Greece, Italy, Syria, Venezuela, United Kingdom). The Faculty of Professors has always been as much heterogeneous, with

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Eurolight is European initiative supported by a grant of the EC Public Health Executive Agency and promoted by the Centre of Public Research Luxembourg

Eurolight: a new European lay project (continue from page 1)

ners from 15 different European countries)

- will study the general population prevalence of headache disorders in Lithuania, a country in a part of eastern Europe where epidemiological data are lacking

- will survey mostly patient populations in 10 representative European countries, using similar methods in each to produce comparable findings throughout

- will gather qualitative as well as quantitative data that describe impact, in a broad sense, of each headache disorder of public-health importance: migraine, tension-type head-

ache and chronic daily headache

- will assess personal suffering, consequences for work, education and family life, and the needs for better disease-management

- will produce systematic data to complement epidemiological evidence of the burden of headache in Europe

- is holistic, patient-driven and respectful of scientifically validated approaches

Eurolight's over-arching objective:

to provide a justification that headache should be high amongst health-care priorities in Europe and to achieve improved care of headache.

Eurolight is a European initiative supported by a grant of the EC Public Health Executive Agency and promoted by the Centre of Public Research Luxembourg. Eurolight is a partner in contribution to the *Lifting The Burden Campaign*.

EHF newsletter will keep you regularly informed about Eurolight's progress.

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www.eurolight-online.org

Academic Teaching of Headache Medicine in Europe. The Sapienza University Master's Degree (continue from page 1)

renowned experts coming from China, Denmark, Germany, Italy, Norway, Spain, Sweden, UK and USA.

The Master is endorsed by EHF and acts as Specialist Education pillar of the *Global Campaign to Reduce the Burden of Headache Worldwide "Lifting the Burden"*. This initiative is in collaboration with WHA, IHS and WHO. The Master's Council is offering scholarships to students coming from developing countries. This academic educational format proved its validity in prepa-

ring the medical profession to a problem of global dimensions and its replication could be useful to train an extensive body of hyperspecialised (not underspecialised) figures in Headache Medicine.

This purely academic approach is structured into a series of theoretical lectures, integrated by periods of clinical activity which take place at a University-based Hospital headache centre. From the Master's web site (<http://w3.uniroma1.it/headache>),

students have access to a distance learning platform (<http://bb.uniroma1.it>) implemented with video lectures, slides, online evaluation tests, headache library, etc. This learning method permits a reduction of the necessary credits. A formal exam and a final dissertation constitute the last act. We hope a similar teaching format will be adopted in other EU universities, in order to spread this educational process in Headache Medicine.

P. Martelletti (Rome)

European Headache and Migraine Trust International Congress 2008

The Journal of Headache and Pain

European Headache and Migraine Trust International Congress 2008

The Migraine Trust & European Headache Federation

First Announcement

Thursday 4th – Sunday 7th September 2008
Novotel London West, Hotel and Convention Centre, London, UK

For more information please visit www.ehfticongress2008.com

Springer springer.com

The Journal of Headache and Pain

Official Journal of the European Headache Federation

Specifically dedicated to researchers involved in all aspects of headache and pain including theory, methodology, clinical practice and care.

A multidisciplinary perspective covering headache and pain syndromes in the following fields:

- Genetics
- Neurology
- Internal medicine
- Clinical pharmacology
- Child neurophysiology
- Anaesthesiology
- Brain pathology
- Diagnosis
- Dentistry
- Neuroimmunology
- Neurosurgery
- Psychiatry
- Pain management

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3rd Mediterranean Summer School

HELLENIC HEADACHE SOCIETY
in cooperation with
EUROPEAN HEADACHE FEDERATION

3rd Mediterranean Headache Summer School

An International School on Headache and Related Disorders

Saint John Hotel Mykonos, Greece
12-16
September 2007

Scientific Programme

DAY 1: September 13, 2007 (Thursday)

08:30-10:30 **Session 1: Introduction**
Chairperson: C. E. Karageorgou
Special Lecture 1: Classification of Headache: why is it so important?
C. E. Karageorgou

09:30-09:30 Epidemiology of headache
J. A. Zwart

09:30-10:00 The burden of headache
N. Ramadan

10:00-10:30 Pathophysiology of headache
D. D. Miskinovic

10:30-11:00 Coffee Break

11:00-12:00 **Session 2: Migraine**
Chairperson: G. Georgiada

11:00-11:30 Classification and clinical picture of migraine
A. Scahill

11:30-12:00 Comorbidity of migraine
D. D. Miskinovic

12:00-12:30 Acute drug treatment
G. Georgiada, M. Vassilopoulos

12:30-13:00 Prophylactic drug treatment
K. Sifneos

13:00-17:00 Lunch and free time

17:30-18:30 **Small group work 1 (in rotation): Migraine**
Chairperson: N. Ramadan

18:30-19:00 Preventing migraine
M. Daries

19:00-19:30 Case report discussion
M. Daries

19:30-20:00 Summary of the day
A. Scahill

20:30 Dinner

3rd Mediterranean Headache Summer School

DAY 2: September 14, 2007 (Friday)

08:30-10:30 **Session 3: Tension-type headache (TTH)**
Chairperson: A. Spanaki

09:30-09:30 Epidemiology of TTH: T. Steiner

09:30-09:30 Comorbidity of TTH: J. A. Zwart

09:30-10:00 Classification and clinical picture of TTH: M. Auzan

10:00-10:30 Special Lecture 2: Pathogenesis of TTH: M. Auzan

10:30-11:00 Coffee Break

11:00-12:00 **Session 4: TTH and other headaches**
Chairperson: G. Charrouf

11:00-11:30 Pharmacological treatment of TTH: M. Auzan

11:30-12:00 Non-pharmacological treatment of TTH: A. Scahill

12:00-12:30 Medication-overuse headache (MOH)
Jose-Pedro Moura

12:30-13:00 Rare headache situations
G. Georgiada, M. Vassilopoulos

13:00-17:00 Lunch and free time

17:30-18:30 **Small group work 2 (in rotation): Various**
Which questions in headache?
T. Steiner

18:30-19:00 Management of TTH: M. Auzan

19:00-19:30 Video - Women with Headaches
F. Triantafyllou, G. Charrouf

19:00-19:30 Case report discussion: M. Daries

19:30-20:00 Summary of the day: G. Georgiada

20:30 Dinner

DAY 3: September 15, 2007 (Saturday)

08:30-10:30 **Session 5: Trigeminal autonomic cephalalgias (TACs)**
Chairperson: C. E. Karageorgou

08:30-09:00 Epidemiology of cluster headache
F. Steiner

09:00-09:30 Classification of TACs: M. Daries

09:30-10:00 Clinical picture of cluster headache
Jose-Pedro Moura

10:00-10:30 Special Lecture 3: Pathogenesis of TACs
F. Triantafyllou

10:30-11:00 Coffee Break

11:00-12:00 **Session 6: TACs and other headaches**
Chairperson: A. Rabinov

11:00-11:30 Treatment of cluster headache: R. Auzan

11:30-12:00 Pathophysiology of cluster headache
F. Triantafyllou

12:00-12:30 Headache in children
A. Papavasiliou

12:30-13:00 Hypnic headache
N. Ramadan

13:00-17:00 Lunch and free time

17:30-19:00 **Small group work 3 (in rotation): Various**
Differential diagnosis of TACs: F. Triantafyllou

18:30-19:00 Treatment of TACs: A. Scahill

19:00-19:30 Video - Headache in children
F. Triantafyllou, S. Charrouf, I. Karageorgou

19:30-19:30 Headache in the elderly: G. Charrouf

19:30-20:00 Summary of the day and closing of Summer School
D. D. Miskinovic

20:30 Dinner

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Purpose: EHF Newsletter, a European Headache Federation publication, is dedicated to increasing physicians' awareness by educating and informing them as to what is going on in the field of headache in Europe.

This newsletter seeks to provide timely and accurate information from the most knowledgeable sources. The newsletter is mailed to EHF members, national drug companies and medical journalists in line with information given by board members. The views expressed in the articles in EHF News are those of the authors and do not necessarily reflect those of the EHF and the Publisher.

**Questo periodico e' associato alla
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What's on...



📅 **12th-16th September 2007,
Mykonos, Greece**

3rd Mediterranean Headache School
Information:

www.onetoone-congress.gr
one2one@ath.forthnet.gr

📅 **17th-21th May 2008,
Istanbul, Turkey**

VII International congress on Headache
in children and adolescents

Information: www.topkon.com
congress@topkon.com

📅 **4th-7th September 2008,
London, United Kingdom**

European Headache and Migraine Trust
International Congress 2008

Information:
www.onetoone-congress.gr



Sapienza University of Rome

II School of Medicine

Fifth Edition

Academic Year 2007-2008

MASTER'S DEGREE IN HEADACHE MEDICINE

The Master in Headache Medicine is aimed at developing excellence among experts in this field of clinical medicine. Its purpose is to promote and disseminate epidemiological, nosographic, genetic, pathophysiological, diagnostic, social-health, clinical and therapeutic knowledge of headache, a disease that has a considerable impact on the general population. This high-level post-graduate course will provide successful applicants with the instruments necessary to make a modern evaluation of headaches that will allow the correct management of affected patients. Course participants will be able to acquire multidisciplinary competences that will enable them to relate to the problems of headache patients by means of the most wide-ranging, inter-cultural skills. The Master is included in the Global Campaign to Reduce the Burden of Headache Worldwide (GC), an initiative in collaboration with WHO, and is endorsed by the European Headache Federation.


