3rd MENA Headache Conference
2nd African Headache Conference
1st Egyptian Headache Conference

Under the Auspices of the International Headache Society (IHS)
in collaboration with the Headache Chapter of the Egyptian Society of Neurology, Psychiatry and Neurosurgery. The European Headache Federation & World Federation of Neurology.

Conference 18th-20th October 2018
Conrad Cairo Hotel, Egypt

Program
Dear Colleagues

It is a great pleasure and an honor to extend to you a warm invitation to attend the 3rd Middle East North Africa (MENA) Headache Conference, to be held October 18 – 21, 2018 in Cairo Egypt.

The 2018 conference is organized by MENA Headache under the auspices of the international Headache Society and in collaboration with the European Headache Federation and the headache chapter of the Egyptian Society of Neurology, Psychiatry and Neurosurgery.

It is also endorsed by the European Academy of Neurology and the World Federation of Neurology. The conference will present the state-of-the-art in headache research and management, reflecting the huge advances in this field in the past decade.

More than 50 international experts will be speaking at the conference, covering the wide range of topics on migraine and other headache types. Hands-on workshops and lectures by the world’s most eminent headache scientists will surely make it an outstanding scientific experience.

Cairo is an exceptional location for the conference. It is renowned as one of the world’s most outstanding cities, with a rich history and a vibrant atmosphere. The social program highlights Egypt’s unique culture and arts will surely be a memorable experience in one of the world’s most popular tourist destinations.

We hope you will join us for a symphony of outstanding science, and take a little extra time to enjoy the spectacular and unique beauty of Egypt.

With best wishes,

M. Osama Abdulghani

The MENA Headache Conference Co-chairs

Abubakr AlMadani (UAE)
Hayrunnissa Bolay (Turkey)
Najib Kissani (Morocco)
Ramez Reda (Egypt)
Stefan Evers (Germany)
Youssoufa Maiga (Mali)
Prof. M. Osama Abdulghani
Chairman of the Headache Chapter & Conference

Prof. Khaled El Borolossy
Honorary Chairman

Conference Co-Chairs
Abubakr AlMadani (UAE)
Hayrunnissa Bolay (Turkey)
Najib Kissani (Morocco)
Ramez Reda Moustafa (Egypt)
Stefan Evers (Germany)
Youssoufa Maiga (Mali)

Key Speakers
Dimos Mitsikostas (Greece)
Hayrunnisa Bolay (Turkey)
Ishaq Abu-Arafeh (UK)
Koen Paemeleire (Belgium)
Lars Edvinsson (Sweden)
Mattias Linde (Norway)
Paolo Martelletti (Italy)
Peter Goadsby (UK)
Rob Cowan (USA)
Stephen Silberstein (USA)
Timothy J Steiner (UK)
ESNPN Board

President
Prof. Mahmoud Haroun

Secretary General
Prof. Maged Abdel Naseer

Treasurer
Prof. El Sayed Tag El Din

Assist. Secretaries
Prof. Hany Amin Aref
Prof. Ahmed Gamal Azab
Prof. Gharib Fawi

Scientific committee

Ayman Al Boudi (UAE)
Callixte Kuate (Cameroun)
Chahnez Charfi Triki (Tunisia)
Deeb Maxwell Kayed (UAE)
Derya Uluduz (Turkey)
Emanuel Sanya (Nigeria)
Emmanuel Obehighe (Nigeria)
Endgena Abebe (Ethiopia)
Fawzi Mahomoodally (Mauritius)
Hassan Hosny (Egypt)
Jasem Al Hashel (Kuwait)
Lala Seck (Senegal)
Maouly Fall (Senegal)
Michael Ndungu (Kenya)
Mohamed El Tamawy (Egypt)
Nevine El Nahas (Egypt)
Tadesse Seda (Ethiopia)
Ziad El Chami (Saudi Arabia)
### Organizing committee

<table>
<thead>
<tr>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ayman Al Boudi</td>
<td>UAE</td>
</tr>
<tr>
<td>Haitham Hamdy</td>
<td>Egypt</td>
</tr>
<tr>
<td>Khaled El Toukhy</td>
<td>Egypt</td>
</tr>
<tr>
<td>Nevine Chalaby</td>
<td>Egypt</td>
</tr>
<tr>
<td>Randa Amin</td>
<td>Egypt</td>
</tr>
<tr>
<td>Hatem Samir</td>
<td>Egypt</td>
</tr>
<tr>
<td>Magd Zakaria</td>
<td>Egypt</td>
</tr>
<tr>
<td>Tamer Hussein Emara</td>
<td>Egypt</td>
</tr>
<tr>
<td>Sherin Farag</td>
<td>Egypt</td>
</tr>
<tr>
<td>Mona Mokhtar</td>
<td>Egypt</td>
</tr>
<tr>
<td>Shahenaz Helmy</td>
<td>Egypt</td>
</tr>
<tr>
<td>Alaa EL Mazny</td>
<td>Egypt</td>
</tr>
<tr>
<td>Ahmed El Bokl</td>
<td>Egypt</td>
</tr>
</tbody>
</table>
The epidemiology and healthcare burden of headache “Focus on regional data”
Maria Khan Junaidi, UAE (15 min)

1st epidemiological door to door study about headaches in Morocco
Najib Kissani, Morocco (15 min)

Ain Shams university experience in headache clinic
Randa Amin, Egypt (15 min)

Chronic Migraine, MENA Region Experience in the past 10 years
Ziad AlChami, KSA (15 min)

Discussion (15 min)

10:30 am – 11:00 am Coffee break
Session 2

18th
October
2018

Public Health Aspects of Headache

11:00 - 12:15 pm

The GBD studies 1990-2018: headache, disability and public ill health in the world and in MENA
Timothy J Steiner, UK (20 min)

The HUNT studies from Norway: lessons for headache and public health in MENA
Mattias Linde, Norway (20 min)

The DREAM programme: can it guide headache service delivery in sub-Saharan Africa?
M Leone, Italy/Malawi (20 min)

Discussion (15 min)
Opening Ceremony

18th October 2018

12:15 - 02:30 pm

Dr. Ramez Reda Moustafa, Introduction (10 Min)
Dr. Khaled Elborollosi (10 min)
MENA Organization (10 min)

Keynote Lectures

Demystifying the science of monoclonal antibodies in migraine
Lars Edvinsson, President IHS, Sweden (20 min)

Burden of Headache Disorders
Paolo Martelletti, President EHF, Italy (20 min)

Dr. Osama Abdul Ghani (20 min)

Migraine Chronification
Dimos Mitsikostas, Greece (20 min)

02:30 pm - 03:30 pm Lunch
Novartis Symposium

Symposium Panel
Abu Bakr Al Madani
Stephen Silberstein
Hayrunnissa Bolay
Ramez Reda
Yousra

03:30 - 04:30 pm  Peter Goadsby, UK
Workshops

Peripheral Interventions in Refractory Headache

**18th October 2018**

**04:30 - 06:30 pm**

**Head and neck nerves blockade**

Sphenopalatine ganglion and trigger points’ blockade

Derya Uluduz, Turkey

Ramez Reda Moustafa, Egypt

Ultrasound - Guided Cervical Root Injection

Ahmed Elsadek, Egypt

Radiofrequency Interventions In Headache

Ahmed Abd Al Barr

**07:00 – 10:00 pm** Social program
Flash Talks

01:00 - 02:00 pm

Social activity (Pyramids/Museum visit)
Friday Prayer

Osama Abdulghani
Tim Steiner
Koen Paemeleire
Youssoufa Maiga

Quantitative D Dimer Level & Anticoagulant Therapy In Idiopathic Intracranial Hypertension
Sherine El Mously, Egypt

Sleep & Psychiatric Abnormalities In School Aged Children With Migraine
Sherine Ahmed, Egypt

Efficacy Of Repetitive Tms In Treatment Of 1ry Chronic Daily Headache
Aya Farouk, Egypt

Yared Zenebe, Ethiopia
Micheal Ndungu, Kenya
Nermine Kishk, Egypt
Update in migraine pathophysiology
Peter Goadsby, UK  (20 min)

Sensorial processing disruption in migraine
Hayrunnissa Bolay, Turkey  (20 min)

Clinical diagnosis of headache: A sub-Saharan African Approach
Callixte Kaute, Cameroon  (20 min)

Migraine & Epilepsy
Hassan Hosny, Egypt  (20 min)

Clinical Diagnosis & Approach To Headache
Lala Seck, Senegal  (20 min)

03:40 pm - 04:00 pm  Lunch
**Session 2**  
04:00 - 06:00 pm  
19th October 2018  
Migraine Chronification and Treatment

**Chronic migraine: recognizing and treating spontaneous intracranial hypotension**  
Rob Cowan, USA  
(30 mins)

**Update in migraine treatment**  
Stephen Silberstein, USA  
(30 mins)

**Tailoring treatment in Migraine**  
Ramez Reda Moustafa, Egypt  
(20 mins)

**Neuromodulation Impact on Chronic Migraine**  
Hatem Samir, Egypt  
(20 mins)

**Epidemiology of migraine in sub Saharan Africa**  
Youssoufa Maiga, Mali  
(20 min)
Session I

20th October 2018

TACs and Other Headaches

10:00 - 11:00 am

Update on Headache Classifications
Sherine Farag, Egypt (15 min)

Treatment guidelines for Cluster headache and other TACs
Koen Paemeleire, Belgium (15 min)

Tension Headache
Jemal Shifa, Botswana (15 min)

Hypnic, Numular And Other Rare Headaches
Tedessa Sedda, Ethiopia (15 min)

11:00 – 11:30 am Coffee break
Session 3  11:30 - 02:00 pm

Headache in Pediatric population and special conditions

**Migraine/Trigeminal Neuralgia relationship**
Khaled Al Toukhy, Egypt  (15 min)

**Headache during pregnancy**
W. Haroun, Sudan  (15 min)

**Chronic migraine in children**
Ishaq Abu-Arefah, UK  (15 min)

Chahnez Triki, Tunisia  (15 min)
Nahed Salah, Egypt  (15 min)
Session 4  
20th October 2018

Secondary Headaches

02:00 - 03:00 pm

Diagnosis of Secondary Headache- Emphasis on the Middle East
M.Khalil, UK

Medication overuse headache: A new name for an old problem
Rob Cowan, USA

Secondary headache
Maouly Fall, Senegal

Recent management of idiopathic intracranial hypertension
Salah Hamada

Cervicogenic& sinus headache
DM Kayed

03:00 - 04:00 pm  
Lunch
Session 5  

How can we use telemedicine in headache management?

Najib Kissani, Morocco

Ain Shams Virtual Hospital Experience: The Treat and Teach Initiative

Tamer Emara, Egypt
Shahinaz Helmy, Egypt

The role of complementary and alternative medicine and Traditional medicines in headache management: Potential therapeutic benefits or placebo effect?

F. Mahomoodally, Mauritius
Chronic migraine and Botulinum Toxin Workshop

P.Yalinay, Turkey
Jack Schim, USA
Nevine Mohieldin Shalaby, Egypt
Nevine El-Nahas, Egypt
20th
October
2018

workshop

Advanced Clinical workshop

05:00 - 06:00 pm

Lars Edvinsson, Sweden
Magd Foad Zakaria, Egypt
H. Bolay, Turkey
Modar Khalil, UK

08:00 pm
Gala Dinner
Accommodation

Single room:  200 $  
Double room:  230 $  
Price Per Room Per night  Based on Bed & Breakfast

Registration Fees

<table>
<thead>
<tr>
<th></th>
<th>Before 31/5/2018</th>
<th>After 1/6/2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>For Doctors</td>
<td>400 $</td>
<td>500 $</td>
</tr>
<tr>
<td>For Students</td>
<td>200 $</td>
<td>300 $</td>
</tr>
</tbody>
</table>

Abstracts Submission Deadline 31st July, 2018
Please send your Abstract
by E-mail to operation@mistr2000online.net - ramezm@msn.com
Or Visit Our website: www.menaheadache.org