



1st IHS/EHF Headache Research Academy, Baku April 16-17, 2020

On behalf of the International Headache Society and the European Headache Federation, we are pleased to announce the 1st IHS/EHF Headache Research Academy, which will take place in Baku, Azerbaijan on April 16-17, 2020.

The target audience of this meeting is young clinicians and scientists who have an interest in headache science and who are based in the Caucasus region and geoculturally related areas. The concept is to bring juniors with significant experience in headache research from Western Europe and USA to the region to present their own work, network with and provide inspiration to the regional delegates. The meeting will be facilitated by top international experts, who will lecture on the latest advances and methodology in the field and provide the delegates with the tools they need to start research of their own. A key goal of the meeting is to promote local research activities and to put research ideas into motion. Active participation is required from the delegates who will produce four high quality review articles on headache-related topics for publication in *Cephalalgia* and *The Journal of Headache and Pain*.

The faculty of the Academy will consist of thirteen international senior research leaders in the headache field. Faculty members will invite 16 junior delegates with significant experience in headache research. Twenty-four scholarships will be available for regional junior delegates from Caucasus, Central Asia, and Eastern Europe.

In addition, participation is open for everyone interested upon registration.

Prof. Dr. Messoud Ashina
IHS President

Prof. Dr. Zaza Katsarava
EHF President

Dr. Anders Hougaard
IHS Juniors Chairman

1st IHS/EHF Headache Research Academy

Baku, Azerbaijan - April 16-17, 2020

Chairs: Prof Messoud Ashina and Prof Rena Shiraliyeva

Day 1 (Thursday)		
Time	Topic	Lecturers
9.00-9.15	Introduction	Rena Shiraliyeva, Azerbaijan
9.15-9.45	Migraine pathophysiology and treatment (current & future): update	Messoud Ashina, Denmark
9.45-10.15	Discovery of CGRP	Anna Andreou, UK
10.15-10.30 Coffee break		
10.30-10.55	Short presentations 1 (2 presentations, 8 min + 2 min Q/A)	Denmark
10.55-11.20	Short presentations 2 (2 presentations, 8 min + 2 min Q/A)	UK
11.20-11.45	Short presentations 3 (2 presentations, 8 min + 2 min Q/A)	Italy
11.45-12.10	Short presentations 4 (2 presentations, 8 min + 2 min Q/A)	Germany
12.10-13.00 Lunch		
13.00-13.30	The role of PACAP in migraine	Simona Sacco, Italy
13.30-14.00	Headache neuroimaging: update	Arne May, Germany
14.00-14.30	Cluster headache pathophysiology and treatment: update	Dimos Mitsikostas, Greece
14.30-15.00 Coffee break		
15.00-15.30	Meet editors in chief: Cephalalgia and The Journal Headache and Pain	Arne May, Germany and Paolo Martelletti, Italy
15.30-16.00	Persistent posttraumatic headache	Paolo Martelletti, Italy
16.00-17.00	Group work on reviews for Cephalalgia/ J Headache Pain (4 groups)	Supervisors
Day 2 (Friday)		
9.00-9.30	Neuroinflammation in migraine	Rami Burstein, USA
9.30-10.00	Medication-overuse headache	Zaza Katsarava, Germany
10.00-10.30	Neuromodulation in migraine and cluster headache	Miguel Lainez, Spain
10.00-10.15 Coffee break		
10.15-10.40	Short presentations 5 (2 presentations, 8 min + 2 min Q/A)	UK
10.40-11.05	Short presentations 6 (2 presentations, 8 min + 2 min Q/A)	Italy
11.05-11.30	Short presentations 7 (2 presentations, 8 min + 2 min Q/A)	Spain
11.30-11.55	Short presentations 8 (2 presentations, 8 min + 2 min Q/A)	Greece + USA
11.55-12.30 Lunch		

12.30-13.00	Chronic migraine: Botox versus anti CGRP monoclonal antibodies	Sait Ashina, USA
13.00-13.30	Anti CGRP drugs: Real-World Data	Patricia Pozo Rosich, Spain
13.30-14.00	Idiopathic Intracranial hypertension	Alex Sinclair, UK
14.00-14.30 Coffee break		
14.30-16.30	Group work on reviews for Cephalalgia/ J Headache Pain (4 groups)	Supervisors
16.30-17.00	General discussion, feedback, closing remarks	All faculty

Information for Applicants

Who can apply?

Twenty-four scholarships are available for applicants from Caucasus, Central Asia, and Eastern Europe. Scholarships will be reserved to 4 delegates from Azerbaijan, 2 from Russia, 2 from Georgia, 2 from Turkey, 2 from Iran, while 12 will be available to delegates from other countries. Scholarships include registration, and a EUR 500 grant for accommodation and travel expenses.

Eligibility criteria:

- Applicants must be within 7 years of completing training (MD, PhD, specialty training, whatever was last) not including non-professional periods
- Applicants must be member of IHS and/or an EHF member society
- Each applicant should provide a CV, a short letter of motivation for participating in the academy, and a letter of recommendation

Applications will be reviewed and scored by a Review Committee consisting of Drs. Messoud Ashina, Zaza Katsarava, Rena Shiraliyeva, and Anders Hougaard.

The deadline for application is February 16, 2020; applicants will be notified within 1 month of the deadline.

Data protection: The names of scholarship recipients will be made available on the societies' websites, in reports, documents or mailing lists.

Application information will be shared only with the Review Committee, and IHS/EHF Officers if deemed necessary.

Other delegates: Participation is open for everyone interested upon registration, which includes access to all lectures, food and beverage during breaks and dinner (2 nights).

Please notice that the available number of spaces is limited.

Registration fees:

Participants from lower middle countries (c.f. World Bank Country Classification): EUR 300.00

Participants from other countries: EUR 600.00

Students and trainees: EUR 300.00

The Academy will take place in meeting rooms at the hotel Holiday Inn Baku. All participants are offered to book their stay at the hotel during the Academy before March 9, 2020 using the special code for Academy MNL.

APPLICATION FORM

This form must be fully completed with the required documentation in order to be eligible for a scholarship. The full application in electronic form must be sent to Messoud Ashina, e-mail: messoud.ashina@regionh.dk.

Application deadline: February 16, 2020.

Receipt of your application will be acknowledged. Notification will be sent to you by Anders Hougaard.

Required information

1. General

Name	
Nationality	
Date of birth	
Full contact address	
Current working address	
Date of completing most recent training (MD, PhD, specialty training)	
Email address	
Telephone	

2. Required documentation (check list)

- Updated *curriculum vitae* of an applicant (to include personal data, qualifications, language ability, academic training, clinical experience, research experience, honours achieved, full bibliography and any other material thought to be appropriate)
- A reference letter from the applicant's supervisor/mentor or head of department, including a statement confirming that the applicant is within 7 years of completing most recent training.
- A letter of motivation for participating in the IHS/EHF Headache Research Academy (maximum 1 page).

3. Acceptance

I have carefully read and completed the above application form and attached all the requested documentation. If my application is successful, I agree to abide by the rules and regulations for this award.

Signature: _____ Date: _____